

Expression Through Art 2010

With Lisa Ishwardas

"Art is an important and effective means of communication and expression for all individuals."

Another terrific children's program proudly presented by the Mental Health Association of Erie County, Inc.

The "Expression Through Art" program aims to provide youth a creative, meaningful, success-oriented group art experience using a variety of materials and themes—giving everyone the flexibility to create beautiful and unique artwork!

Goals of the program are to help youth:

- Cultivate individual creative expression and self-confidence
- Develop adaptive, age-appropriate feelings identification and expression
- Improve social interaction skills among their age-specific peer group

Friday Evenings:

October 1st & November 5th

Time: 6:00- 7:30pm

Where: Boys & Girls Club Southside Clubhouse
17 Tamarack St. Buffalo, NY 14220

Ages: 7-13

Fee: \$10 /class

*Sign up for all 6 classes & save \$15!

**SIGN UP NOW!
CLASS SPACE
IS LIMITED!!**

**REGISTER FOR
ALL 6 CLASSES
& SAVE \$15!!**

Saturday Mornings:

September 25th, October 9th & 23rd, November 20th

Time: 10:00-11:30am

Where: Harlem Road Community Center
4255 Harlem Rd. Amherst, NY 14226

Ages: 7-13

Fee: \$10 /class

*Sign up for all 6 classes & save \$15!

To sign up or for questions, Call : Jessica or Jenny at 886-1242

Or Email: lafalce@eriemha.org or laney@eriemha.org

